

Anti-liver fibrosis of green materials *Moringa oleifera* seed oils from Madura Island against hepatocellular carcinoma development

Hendra Susanto^{1,2*}, Ahmad Taufiq³, Nik Ahmad Nizam Nik Malek^{4,5}, Wira Eka Putra¹

¹Department of Biology, Faculty of Mathematics and Natural Sciences, Universitas Negeri Malang

Jl. Semarang No. 5, Malang, East Java, Indonesia. 65145

*Email: hendrabio@um.ac.id

²Department of Biotechnology, Faculty of Mathematics and Natural Sciences, Universitas Negeri Malang

Jl. Semarang No. 5, Malang, East Java, Indonesia. 65145

³Department of Physics, Faculty of Mathematics and Natural Sciences, Universitas Negeri Malang

Jl. Semarang No. 5, Malang, East Java, Indonesia. 65145

⁴Department of Biosciences, Faculty of Science, Universiti Teknologi Malaysia (UTM)

Jl. Iman, 81310 Johor Bahru, Johor, Malaysia

⁵Centre for Sustainable Nanomaterials (CSNano), Ibnu Sina Institute for Scientific and Industrial Research (ISI-ISIR),

Universiti Teknologi Malaysia (UTM)

Jl. Iman, 81310 Johor Bahru, Johor, Malaysia

ABSTRACT. Hepatocellular carcinoma (HCC) is a global health problem, primarily in the Asia Pacific continent. The initial incident of HCC can be triggered by diet, viral infection, and chemical exposure to induce chronic inflammation and fibrosis. The presence of free radical effects from chemical exposure may result in oxidative stress and generate chronic liver injury. The active compounds within Moringa oleifera seed oil can restraint hepatotoxicity and obstruct the risk factors of HCC by having a role as an anti-fibrosis agent through the mechanism of antioxidative responses. This animal study and in silico model aims to explore the essential property of green material M. oleifera seed oil from Madura Island for liver fibrosis drug development. The study was conducted to evaluate the alteration of circulating levels of liver injury marker-linked liver fibrosis development, histological alteration, and liver morphology. Also, the molecular interaction between M. oleifera seed oil bioactive compound and liver injury marker was conducted through molecular docking method. The Balb-c mice aged 6-8 weeks were treated by intraperitoneal injection of carbon tetrachloride (CCl₄) + corn oil dose 1 μ l/1 g of BW for 8 weeks. Moreover, the experimental groups received green materials MOSEIL treatment by intraperitoneal injection with the same dosage. Fascinatingly, the baseline data of our animal model shows that the administration of green materials M. oleifera seed oil can alleviate the higher level of alanine aminotransferase (ALT) and aspartate aminotransferase (AST). Furthermore, the in silico analysis shows that epicatechin bond on the essential ALT residue is Tyr302 and Lys341. It's observed on the PLP binding site through the hydrophobic contact and Lys258 and Trp140 as the essential AST residue bond on the PLP binding site through hydrophobic contact with ellagic acid and catechin. To sum up, Moringa oleifera seed oil treatment can prevent significant changes in liver weight, morphology, and even histological feature-associated liver injury and fibrosis. Thus, Moringa seed oil from Madura Island may become the future green materials source for liver fibrosis prevention-related HCC development.

Keywords: green materials; hepatocellular carcinoma; liver injury; molecular docking; Moringa seed oils

Article History: Received 16 February 2022; Received in revised form 18 March 2022; Accepted 14 May 2022; Available online 30 June 2022. Ver: Pre-Press

How to Cite This Article: Susanto H, Taufiq A, Malek NANN, Putra WE. 2022. Anti-liver fibrosis of green materials *Moringa oleifera* seed oils from Madura Island against hepatocellular carcinoma development. *Biogenesis: Jurnal Ilmiah Biologi*. vol 10(1): 77–88. doi: https://doi.org/10.24252/bio.v10i1.27464.

INTRODUCTION

Hepatocellular carcinoma (HCC) is one of the primary causes of death and is ranked as the third most common cancer, with 906,000 cases and an 830,000 mortality rate (Sung *et al.*, 2021). The average HCC case mortality rate in Asia is 72.4% in all gender groups (Goodarzi *et al.*, 2019). The incidence and death rate of HCC in East Asia, Southeast Asia, North America, and the United States of America is observed to increase by 2.4 times higher in men (Deng *et al.*, 2015; Sung *et al.*, 2021). Meanwhile, HCC is ranked as cancer in Indonesia with the fourth most incidence and highest mortality rate with 21,392 new cases and 8.9% death rate (WHO: International Agency for Research on Cancer, 2021).

A number of risk factors have been observed causing high HCC prevalence in an area, such as hepatitis B virus (HBV) infection and hepatitis C (HCV), autoimmune hepatitis, obesity, diabetes mellitus, chemical exposure, and alcohol consumption that induces inflammation and fibrosis (Geh *et al.*, 2021; Singh *et al.*, 2018). From those risk factors, chemical exposure, such as carbon tetrachloride (CCl₄) can worsen anisonucleosis and generate chronic liver injury, marked by various hepatocyte nucleus sizes and activation of liver stellate cells (Guzman *et al.*, 2011; Liu *et al.*, 2021). CCl₄ is generally used for the model of heart injury on the animal as it induces free radicals and prompts a chain of peroxide reactions (Chen *et al.*, 2016). The presence of free radicals is caused by CCl₄ and may result in oxidative stress due to the accumulated reactive oxygen species (ROS) (Lin *et al.*, 2019). The CCl₄, triacylglycerol, and phospholipid bond also induce subcellular fraction that leads to lipid peroxidation on liver parenchyma cells (Baliga *et al.*, 2013).

The free radicals effects can be reduced using antioxidant compounds obtained from a natural material, such as drumstick tree (*Moringa oleifera*) (Xu *et al.*, 2019). Traditionally, the drumstick tree is mostly used in the treatment of hyperglycemia, inflammation, as well as infection of bacteria, viruses, and cancer (Tiloke *et al.*, 2019; Tumer *et al.*, 2015). The seed of the drumstick tree has abundant antioxidant content (Jahan *et al.*, 2018). The active compounds in the *M.oleifera* seed oil are glycosidic glucosinolates (GLs), isothiocyanates (ITCs), nitrile, carbamate, chlorogenic acid (CGA), 2,4-diphenyl-4-methyl-2(E)-pentene and thiocarbamates (Jaja-Chimedza *et al.*, 2017; Kayode & Afolayan, 2015; Stohs & Hartman, 2015). It also contains ascorbic acid and phenol (catechins, epicatechins, ferulic acid, ellagic acid, quercetin and myricetin) (Govardhan Singh *et al.*, 2013; Sulastri *et al.*, 2018). High antioxidant compounds within *M.oleifera* can also restraint hepatotoxicity caused by cadmium induction on rats through the mechanism of increasing alkaline phosphatase (ALP) and superoxide dismutase (SOD) (Kou *et al.*, 2018; Vergara-Jimenez *et al.*, 2017). Additionally, the active compounds within the drumstick tree also obstruct the HBV development, one of the risk factors of HCC, as anti-fibrosis and anti-virus agent, and also play a role in the antioxidative response on HBV initiation (Feustel *et al.*, 2017).

A high level of HCC prevalence can be the basis of early cancer drug exploration. Challenges in managing cancer progression in its early development have placed cancer as a silent killer for many people. This research aims to determine the effect of *M. oleifera* seed oil on the inhibition of HCC progression through circulating ALT and AST levels on in vivo models, liver histological profile, and *in silico* test. These procedures are used to analyze the efficacy of *M. oleifera* seed oil as a potential drug during early stage of HCC. Therefore, exploration of the natural material-based drug, such as the antioxidant from *M. oleifera* seed oil through the mice HCC progressive model can serve as an effort to prevent HCC progression.

MATERIALS AND METHODS

Animal. This *in vivo* model has obtained proper permission from the Institutional Review Board (IRB) of Universitas Brawijaya with ethics approved number 1184-KEP-UB 2019. The animal was male *Mus musculus* strains Balb/C that were purchased at the Fatma Veterinary Center (PUSVETMA) Surabaya, aged 2-3 months, and with a similar bodyweight (BW) $25 \pm 2g$. The animals were acclimatized for approximately two weeks before treatment. Food and water were given with procedure ad libitum. The animal was then divided into 3 groups. Each group contained 8-10 male animals. The placebo (K-), positive control group (K+) with CCl₄+ corn oil, and treatment group (P) with CCl₄+ *M. oleifera* seed oil treatment.

M. oleifera **seed oil preparation**. *Moringa* seed oil from Madura islands was prepared using a simple pressing method at CV Nurul Jannah, Madura. The dried seed of Moringa was prepared at room temperature for 3-4 days. Dried Moringa seed was blended and pressed to obtain the crude oil. Moringa crude seed oil was then filtered for the purification of the oil.

M. oleifera **seed oil and CCl4 treatment**. The stock solutions were prepared by dissolving CCl₄ (Sigma Aldrich, USA) in corn oil in a ratio 1: 3 (1 mL of CCl₄ and 3 mL of corn oil). In addition, the

M. oleifera seed oil material was then prepared by mixing the *M. oleifera* seed oil and CCl₄ with the same ratio. For the intraperitoneal injection, the recommended dosage was considered (1 μ l/1 g BW per mice for both solution). The placebo (K-) received the intraperitoneal injection of Phosphate Buffered Saline (PBS) solution (Sigma Aldrich, USA) while the positive control group (K+) was treated by intraperitoneal injection of 100 μ L CCl₄+ corn oil. For the *M. oleifera* seed oil group, the mice were treated with 100 μ L CCl₄+ *M. oleifera* seed oil L by the same injection method. The treatment duration was carried out in eight weeks by giving treatment three times a week. Post the treatment period, the intraorbital blood collection was done followed by anesthetized step. Furthermore, the mice were dissected and their liver was taken. The liver samples were then fixed with 10% formalin for 7 hours before the next step (paraffin block process for the histological examination).

Baseline characteristics. After the mice were given treatment, they were then dissected to be analyzed according to the parameters used. We measured some baseline parameters including body weight, liver weight, and serological levels of AST-ALT (liver injury parameters) in each group. Also, for the histological analysis, the percentage of the number of cells experiencing necrosis or steatosis was categorized into normal stage (0-5%), mild (6-33%), moderate (33-66%), and massive stage (>67%) (Maulina, 2018).

Protein and ligand preparation. We used ALT and AST as the protein, obtained from RCSB PDB (https://www.rcsb.org/) in Protein Data Bank (PDB) format. The protein 3D structure was prepared using PyMOL and *cleaning* protein was completed by eliminating the *native ligand* and water molecule in the targeted protein structure. The bioactive compounds of *M.oleifera* were obtained from data mining. The 2D structure of the bioactive compounds was attained from PubChem (<u>https://pubchem.ncbi.nlm.nih.gov</u>) in SDF format. Further, drug-likeness screening was carried out based on the Lipinski rule of five (http://www.scfbio-iitd.res.in/software/drugdesign/lipinski.jsp. Among 82 *M. oleifera* seed oil active bio compounds, 30 compounds matched the drug similarity measure. Vigabatrin (CID: 5665) and Hydrazinosuccinic acid (CID: 124897) were used as the control drug, in this study (Antti & Sellstedt, 2018; Ohtsuka, 2018).

Molecular docking and visualization. Specific protein-ligand docking was carried out using Autodock Vina integrated into PyRx 8.0. As this present study was explorative, our docking covered all structures of the targeted protein. The coverage area of the ALT molecule in the center is X:-17.461, Y:58.6851, Z: 10.5858, while in the dimension (Angstrom) is X: 60.6939, Y: 69.9459, and Z: 69.3006. The coverage area of the AST molecule in the center is X: 20.60871, Y: 113521, Z: 18.1328, while in the dimension (Angstrom) is X: 61.3767, Y: 59.8086 dan Z: 72.5523. Analysis on *binding site* and formed chemical interaction between protein and ligand was carried out using PyMOL software for the 3D visualization, and LigPlot⁺ v.2.2.4 for 2D visualization (Hidayatullah et al., 2021).

Microscopic analysis. The staining slides with Hematoxylin-Eosin (HE) were then observed under a light microscope with 400x magnification. The observation was focused on the fibrogenesis profile linked to inflammatory cells, fibrotic cells, and so forth.

Data Analysis. We normalized data based on the Kolmogorov-Smirnov test. Parametric analysis using One-Way Analysis of Variance (ANOVA) at the 95% confidence level ($\alpha = 0.05$) was chosen for the advanced analysis.

RESULTS AND DISCUSSION

Bodyweight and liver mass of the samples in different groups. CCl₄ carries a role as a liver toxin that causes deterioration on hepatocytes, prompting fibrosis, cirrhosis, and carcinoma (Marques *et al.*, 2012). Damages on the liver are marked by decreasing body mass and liver mass, followed by an increase of AST and ALT levels (Zhang *et al.*, 2020). It is linear with a previous study that induces CCl₄ on mice samples, showing that initially, both control and placebo (K⁻) groups have a bodyweight of 26.4 g and a normal liver weight of 1.37 g. However, once they were given (intraperitoneal

injection) CCl₄ (K⁺), both body and liver weight decreased to 26.2 g and 1.34 g, respectively. In this present study, the body and liver mass of the group treated with CCl₄ + *M. oleifera* seed oil (P) is 24 g and 1.31 g (Figure 1).



Fig. 1. Bodyweight and liver mass of the samples in different groups. A. Weight at the end of treatment; B. Weight of liver.

The effect of *M. oleifera* **seed oil on circulating ALT and AST levels.** The level of AST and ALT increase two times after the CCl₄ injection. The AST and ALT level, as the marker liver injury, increase after K⁺ and decrease after being injected with *M. oleifera* seed oil (P) (Figure 2). In the K⁻ group, initially the AST and ALT level was (1,7 U/L & 1,5 U/L), and increased two times to (3 U/L & 2,4 U/L) on K⁺ group. However, it decreased into (1,8 U/L & 1,5 U/L) once it received *M. oleifera* seed oil (P).



Fig. 2. The effect of *M. oleifera* seed oil on circulating ALT (A) and AST levels (B). **p*-value < 0.05 vs placebo

In the mice samples that accepted CCl₄ injection, the level of AST and ALT increased within 24 to 48 hours after the injection (Endig *et al.*, 2019). A high level of AST and ALT is affected by centrilobular hepatic necrosis due to the exposure of CCl₄ causing the formation of toxic metabolites through cytochrome P450 2E1 (Cyp2e1) (Ghafoory *et al.*, 2013). Cyp2e1 changes CCl₄ into trichloroethane radical (CCl₃) that will be transformed again into trichloromethyl peroxyl radical (CCl₃O₂), using molecule O (Chen *et al.*, 2016). CCl₃O₂ induces chain reaction and lipid peroxidation in the structures that are rich in a phospholipid, such as the endoplasmic reticulum and mitochondria, resulting in Ca homeostasis in the disrupted cells (Hafez *et al.*, 2014). All of these domino effects lead to cells damage and proinflammatory cytokines will respond through activating neutrophil respiratory and produce free radicals, in the form of O molecule (Lin *et al.*, 2019). It worsens oxidative stress and liver damage (Tsai *et al.*, 2013). TNF- α , IL-1 β , and MCP-1 hold an essential role during the liver pathological process induced by CCl₄ (Li *et al.*, 2021; Shin *et al.*, 2013).

The results also suggest an increase of body and liver mass, following the decrease of AST and ALT levels after the *M. oleifera* seed oil injection on the samples that previously had been exposed to CCl₄. The decrease of AST and ALT levels is correlated with protection effects from *M. oleifera* seed oil which acts as a free radical scavenger (Albrahim & Binobead, 2018). High antioxidant content on MO may hinder 89.7-92% of peroxidation activity from linoleic acid, while also obstructing TNF- α , IL-6, and IL-8 activity (Kooltheat *et al.*, 2014; Vergara-Jimenez *et al.*, 2017).



Fig 3. Inhibition mechanism of pro-inflammatory cytokines activation due to fibrogenic substances (CCl₄) induction in HCC (Jung *et al.*, 2015; Supriono *et al.*, 2020a).

The quercetin content in *M. oleifera* seed oil is also involved in the inflammation process, by hampering the neutral factor kappa-beta (NF-k β) activity (Das *et al.*, 2012). In addition to obstructing the inflammation process, the drumstick tree also has the ability to reduce the TGF- β level, the primary fibrosis regulator (Fabregat & Caballero-Díaz, 2018; Susanto *et al.*, 2021). The phenol in *M. oleifera* seed oil decreases liver fibrosis due to CCl₄ induction by suppressing hepatic stellate cell activation through obstructing the TGF- β /Smad3 signaling pathway (Wu *et al.*, 2018). The general inhibition mechanism by the antioxidant compound in *M. oleifera* seed oil toward HCC development (Fig. 3).

Liver histological profile after *M. oleifera* **seed oil treatment.** The histology results of HE stain in every treatment group showed a significant different within the liver section. The K⁻ group is classified as normal, with a low number (4%) of cell necrosis from all of the hepatocytes. After the intraperitonealinjection of CCl₄ on the K⁺ group, the necrosis cell significantly increase to 94%, considered massive (Maulina, 2018). Meanwhile, in the P group, the normal cell is 68% and the necrosis cell is 32%.



Fig 4. Liver histological profile after *M. oleifera* seed oil treatment. HE stains: Black arrow shows inflammatory and profibrogenic cells aggregation. The histology was observed using light microscope with 400x magnification. Portal Vein (PV), Sinusoid (S), Hepatocyte (H), Kupffer Cell (K), Monocyte (M).

The antithesis of *M. oleifera* seed oil toward liver fibrosis was histologically proven through HE stains (Fig. 4). In the P group, the number of the normal cell increased and being dominant than the necrosis cell, even if it had 32% necrosis cell. In contrast, the K^+ group had 94% of necrosis, classified as massive (Maulina, 2018). Effects of CCl₄ cause steatosis through inhibition of the triglyceride synthesis by very low-density lipoprotein (VLDL) secretion (Supriono et al., 2020b). Steatosis can be observed in the centrilobular, 15 hours after injection. The transformation into necrosis can be apparently observed after 20-30 hours (Abd-Rabou *et al.*, 2016). The hepatic failure causes eosinophilic on the cytoplasm and is marked by the disappearing chromatin granules (Tiloke *et al.*, 2019).

Compound	CID	Source	∆G Average (kcal/mol)	Amino Acids Residue	Interaction
8-Dimethyl-2- isopropylphenanthrene	220273	<i>M</i> . <i>oleifera</i> seed oil	-9.4	Phe295, Lys262, Leu198, Lys293, His360, Glu332, Val263	Hydrophobic Contact
Strophantidine	6185	<i>M</i> . <i>oleifera</i> seed oil	-7.9	Cys311, Val306, Arg312, Phe313, Gln303, Arg170, Tyr166, Pro391, Tyr343, Asp304	Hydrophobic Contact
Kaempferol	5280863	<i>M</i> . <i>oleifera</i> seed oil	-7.6	Val409, Pro105, Gly342, Asn305, Tyr343, Met439, Leu413 Leu498, Lys416, Asn412	Hydrophobic Contact <i>Hydrogen Bond</i>
Epicatechin	72276	<i>M</i> . <i>oleifera</i> seed oil	-7.5	Ser340, Leu498, Tyr440, Thr496, Asn94, Met439, Val409, Tyr343, Gly342, Lys341, Tyr302	Hydrophobic Contact
Catechin	9064	<i>M</i> . <i>oleifera</i> seed oil	-7.5	Ser340, Gly342, Leu413, Tyr343, Val409, Met439, Leu498, Asn94 <i>Tyr440</i>	Hydrophobic Contact <i>Hydrogen Bond</i>
Quercetin	5380343	M. oleifera seed oil	-7.3	Thr490, Arg487, Glu247, Tyr234, Asn244 Arg444, Glu238, Glu237, Asp236, Arg250	Hydrophobic Contact Hydrogen Bond
Ellagic Acid	5281855	<i>M</i> . <i>oleifera</i> seed oil	-7.2	Arg487, Arg250, Glu254, Ala255, Val231 <i>Tyr234, Asn232, Ala251</i>	Hydrophobic Contact <i>Hydrogen Bond</i>
Glucosinalbin	9601115	<i>M</i> . <i>oleifera</i> seed oil	-6.8	His360, Val331, Lys293, Ala289, Trp290 <i>Asn330, Ser329, Leu294</i>	Hydrophobic Contact <i>Hydrogen Bond</i>
2,4-Diphenyl-4- methyl-2-(E)-pentene	5356300	<i>M</i> . <i>oleifera</i> seed oil	-6.8	Lys418, Lys415, Asp422, Leu419, Leu423, Lys505	Hydrophobic Contact
Vigabatrin	5665		-4.8	Trp290, Lys293, Val331, Ala289, Leu294 Asn330	Hydrophobic Contact <i>Hydrogen Bond</i>

Table 1. Docking results for top nine compounds and control with ALT

Previous studies have extensively described the ability of *M. oleifera* leaf extract in suppressing the rate of hepatocyte injury since it contains antioxidants and phenolic compounds that reduce oxidative stress caused by carcinogenic substances (Sadek *et al.*, 2017). *M. oleifera* tested on mice induced by acetaminophen (trigger of liver fibrosis) result in decreasing TNF- α and TGF- β levels (Aly *et al.*, 2020). *M. oleifera* extract inhibited the increase in mRNA and protein levels of interleukin-6, tumor necrosis factor-alpha, inducible nitric oxide synthase, and cyclooxygenease-2 (Muangnoi *et* *al.*, 2012). In addition, *M. oleifera* was able to increase the expression of p53, p21, and Bax which are known as tumor suppressors (Abd-Rabou et al., 2017). The suppressive effect of M. oleifera was also mediated by inhibiting the phosphorylation of the kappa B inhibitor protein (Cirmi et al., 2019). These results suggest that the anti-inflammatory activity of the bioactive compounds present in the pod constituents of *M. oleifera* may contribute to ameliorating the pathogenesis of chronic inflammation-related diseases.

Docking result and visualization. The docking results signify that 9 out of 30 compounds have a lower binding affinity than the control. In the ALT, 8-Dimethyl-2-isopropylphenanthrene, strophantidine, kaempferol, epicatechin, catechin, quercetin, ellagic acid, glucosinalbin, and 2,4-Diphenyl-4-methyl-2-(E)-pentene have lower -6.8 to -9.4 kcal/mol binding affinity than control (Vigabatrin; -4.8 kcal/mol). The docking results for those nine compounds are presented in Table 1.

In Autodock Vina, a higher negative binding affinity value represents a more robust and stable bond between molecules (Xue et al., 2022). The epicatechin bond on the essential ALT residue is Tyr302 and Lys341, observed on the pyridoxal-phosphate (PLP) binding site through the hydrophobic contact. Meanwhile, glucosinalbin bond on the similar residue as the control, namely Val331, Ala289, Trp290, Lys293, Asn330, and Leu294 on the L-alanine substrate-binding site by blocking the attachment substrate (Williams et al., 1998). Those nine compounds and control are visualized in Fig. 5.



Fig. 5. Visualization of compounds with lower binding affinity compared to the control on ALT. A) 8-Dimethyl-2-Isopropylphenanthrene, B) Strophantidin, C) Kaempferol, D) Epicatechin, E) Catechin, F) Quercetin, G) Ellagic acid, H) Glucosinalbin, I) 2,4-Diphenyl-4-methyl-2-(E)-pentene, and J) Vigabatrin (Control).

The presence of epicatechin within *M. oleifera* seed oil in the liver which has experienced injury increases the ALT and AST levels, to the normal level (Shanmugam et al., 2017). Therefore, epicatechin can be the potential substance for the health promoter in the hepatitis situation, one of which is induced by CCl₄ (Uysal *et al.*, 2016). Similar to epicatechin, hepatoprotective properties are also presented by glucosinalbin that contributes to the CCl₄ detoxification by reducing the ALT and AST level, while also increasing the serum albumin level, representing better liver synthesis function and reducing myeloperoxidase activity that decrease the infiltration of pro-inflammation cells (Hamza, 2010). The docking results of 8-Dimethyl-2-isopropylphenanthrene, ellagic acid, quercetin, catechin, strophantidine, kaempferol, 2,4-Diphenyl-4-methyl-2-(E)-pentene, epicatechin, and glucosinalbin with AST are presented in Table 2.

Compound	CID	Source	∆G Average	Amino Acids Residue	Interaction
Compound	CID	Bouree	(kcal/mol)		Interaction
8-Dimethyl-2-	220273	М.	-10.1	Tyr123, Leu119, Phe218, Phe251,	Hydrophobic
isopropylphenanthrene		oleifera		Val283, Trp122, Phe118	Contact
		seed oil			
Ellagic Acid	5281855	М.	-8.0	Lys258, Gly107, Ala224, Tyr225,	Hydrophobic
		oleifera		Trp140	Contact
		seed oil		Asn194, Gly108, Thr109, Arg266,	Hydrogen Bond
				Asp222	
Quercetin	5280343	М.	-7.8	Tyr123, Phe118, Phe218, Leu119,	Hydrophobic
		oleifera		Glu249, Phe251, Gly274, Lys275,	Contact
		seed oil		Glu278	Hydrogen Bond
	0064		7.0	Trp122, Val2/3, Ile280, Glu2/6	TT 1 1 1 1
Catechin	9064	M.	-/.8	Ala224, Irp140, Ser255, Gly107,	Hydrophobic
		oleifera		Ser257, 1yr262, 1nr109	
		seed on		Asn194, 1yr225, Asp222, Gly108,	Hyarogen Bona
Strophontidin	6185	М	77	Arg_{200}, Ly_{5250} Val128 Dha118 Trp122 Dha218	Hydrophobic
Suophantium	0185	NI. oleifera	-/./	Tur123	Contact
		seed oil		G_{1n}^{1125}	Hydrogen Bond
Kaempferol	5280863	M	-7.5	Tvr123 Phe218 Leu119 Phe251	Hydrophobic
Ruempieror	5200005	oleifera	1.5	Glu249 Glv274 Lvs275 Ile280	Contact
		seed oil		Glu278	Hydrogen Bond
				Glu276. Val273. Trp122)
2.4-Diphenyl-4-	5356300	М.	-7.3	Val283, Phe118, Leu119, Glu249,	Hydrophobic
methyl-2-(E)-pentene		oleifera		Phe218, Leu217, Tyr123, Phe251,	Contact
		seed oil		Trp122	
Epicatechin	72276	М.	-7.3	Ser279, Leu119, Phe118, Ile280,	Hydrophobic
		oleifera		Tyr123, Val283, Glu249, Val272,	Contact
		seed oil		Gly274	Hydrogen Bond
				Glu276, Trp122, Lys275	
Glucosinalbin	9601115	М.	-6.6	Phe216, Phe248, Phe118, Tyr123,	Hydrophobic
		oleifera		Phe218	Contact
		seed oil		Phe183, Leu217, Glu249, Asn124,	Hydrogen Bond
				Trp122	
Hydrazinosuccinic	124897		-5.0	Gly107, Ala224, Thr109, Gly108,	Hydrophobic
Acid				Trp140	Contact
				Arg266, Ser257, Ser255, Lys258	Hydrogen Bond

Table 2. Docking results of nine compounds and control with AST.

The binding affinity of those compounds ranges between -6.6 to -10.1 kcal/mol lower than the control (Hydrazinosuccinic acid: -5.0 kcal/mol). The 3D visualization of those docking results showed in Fig. 6.

Two out of nine selected *M. oleifera* seed oil compounds, ellagic acid and catechin bond on the different residue, compared to the other seven compounds. Ellagic acid and catechin bind AST on the same residue as the control (Hydrazinosuccinic acid), namely Lys258, Gly107, Ala224, Tyr225, Trp140, Asn194, Gly108, Thr109, Arg266, and Asp222, through hydrophobic contact and hydrogen bond. Both of them bond with Lys258 and Trp140, the essential AST residue bond on the PLP binding site through hydrophobic contact. The inhibition of ALT and AST, using epicatechin, ellagic acid, and catechin is predicted to obstruct the *first half-reaction* PLP complex in the transamination reaction (Zareei *et al.*, 2017).

The ellagic acid content in MOSEIL carries a protective effect toward cirrhosis induced by CCl4 through obstruction of ROS and angiogenesis formation (Ding *et al.*, 2017). Ellagic acid also presents protective effects on liver cirrhosis as marked by reducing the level of AST through significant inhibition of TNF- α level and obstruction on I κ B- α and NF- κ B phosphorylation (Gu *et al.*, 2014). Ellagic acid is predicted to have a role in lowering AST levels by reducing the inflammation response and increasing the antioxidant defense system. Catechin is the second potential compound predicted to reduce HCC progression through AST inhibition. In a previous study, catechin is observed to carry potential in weakening cirrhosis by degrading the regulation of NF- κ B activation, including the TNF- α and ROS (Bharrhan *et al.*, 2012).



Fig 6. Visualization of compounds with lower binding affinity than control on AST. A) 8-Dimethyl-2-Isopropylphenanthrene, B) Ellagic acid, C) Quercetin, D) Catechin, E) Strophantidin, F) Kaempferol, G) 2,4-Diphenyl-4-methyl-2-(E)-pentene, H) Epicatechin, I) Glucosinalbin, and J) Hydrazinosuccinic acid (Control).

CONCLUSION

The findings suggest that the antioxidant content of *M. oleifera* seed oil has the potential to reduce HCC progression caused by fibrogenic substances induction. This mechanism was predicted through liver injury reduction, inflammation response, and inhibition of the fibrosis rate process. In addition, the *in silico* model improve the essential activities of this green material against the serological liver injury marker. Therefore, *M. oleifera* seed oil can be proposed as a potential preventive agent candidate to prevent HCC progression.

ACKNOWLEDGEMENTS

We thank Universitas Negeri Malang for the PNBP Research Grant number 4.3.378/UN32.14.1/LT/2020 for HS. Also, we would like to thank PT Alami Moringa Sejahtera for the technical support during this research.

REFERENCES

- Abd-Rabou AA, Zoheir KM, Kishta MS, Shalby AB, Ezzo MI. 2016. Nano-Micelle of Moringa Oleifera Seed Oil Triggers Mitochondrial Cancer Cell Apoptosis. *Asian Pacific Journal of Cancer Prevention: APJCP*, 17(11), 4929– 4933. https://doi.org/10.22034/APJCP.2016.17.11.4929
- Abd-Rabou AA, Abdalla AM, Ali NA, Zoheir KM. 2017. Moringa oleifera Root Induces Cancer Apoptosis more Effectively than Leave Nanocomposites and Its Free Counterpart. Asian Pacific Journal of Cancer Prevention, 18(8). https://doi.org/10.22034/APJCP.2017.18.8.2141
- Albrahim T, Binobead MA. 2018. Roles of Moringa oleifera Leaf Extract in Improving the Impact of High Dietary Intake of Monosodium Glutamate-Induced Liver Toxicity, Oxidative Stress, Genotoxicity, DNA Damage, and PCNA Alterations in Male Rats. Oxidative Medicine and Cellular Longevity, 2018, 1–11. https://doi.org/10.1155/2018/4501097
- Aly O, Abouelfadl DM, Shaker OG, Hegazy GA, Fayez AM, Zaki HH. 2020. Hepatoprotective effect of Moringa oleifera extract on TNF-α and TGF-β expression in acetaminophen-induced liver fibrosis in rats. *Egyptian Journal of Medical Human Genetics*, 21(1), 69. https://doi.org/10.1186/s43042-020-00106-z.

- Antti H, Sellstedt M. 2018. Metabolic effects of an aspartate aminotransferase-inhibitor on two T-cell lines. *PLOS ONE*, *13*(12), e0208025. https://doi.org/10.1371/journal.pone.0208025
- Baliga MS, Shivashankara AR, Azmidah A, Sunitha V, Palatty, P. L. 2013. Gastrointestinal and Hepatoprotective Effects of Ocimum sanctum L. Syn (Holy Basil or Tulsi). In *Bioactive Food as Dietary Interventions for Liver and Gastrointestinal Disease* (pp. 325–335). Elsevier. https://doi.org/10.1016/B978-0-12-397154-8.00039-7
- Bharrhan S, Chopra K. Arora SK, Toor JS, Rishi P. 2012. Down-regulation of NF-κB signalling by polyphenolic compounds prevents endotoxin-induced liver injury in a rat model. *Innate Immunity*, 18(1), 70–79. https://doi.org/10.1177/1753425910393369
- Chen, X., Gong, X., Jiang, R., Wang, B., Kuang, G., Li, K., & Wan, J. (2016). Resolvin D1 attenuates CCl4-induced acute liver injury involving up-regulation of HO-1 in mice. *Immunopharmacology and Immunotoxicology*, *38*(2), 61–67. https://doi.org/10.3109/08923973.2015.1115517
- Cirmi, S., Ferlazzo, N., Gugliandolo, A., Musumeci, L., Mazzon, E., Bramanti, A., & Navarra, M. (2019). Moringin from Moringa Oleifera Seeds Inhibits Growth, Arrests Cell-Cycle, and Induces Apoptosis of SH-SY5Y Human Neuroblastoma Cells through the Modulation of NF-κB and Apoptotic Related Factors. *International Journal of Molecular Sciences*, 20(8), 1930. https://doi.org/10.3390/ijms20081930
- Das, N., Sikder, K., Ghosh, S., Fromenty, B., & Dey, S. (2012). Moringa oleifera Lam. Leaf extract prevents early liver injury and restores antioxidant status in mice fed with high-fat diet. *Indian Journal of Experimental Biology*, 50(6), 404–412.
- Deng, L., Yang, H., Tang, J., Lin, Z., Yin, A., Gao, Y., Wang, X., Jiang, R., & Sun, B. (2015). Inhibition of MTA1 by ERα contributes to protection hepatocellular carcinoma from tumor proliferation and metastasis. *Journal of Experimental & Clinical Cancer Research*, *34*(1), 128. https://doi.org/10.1186/s13046-015-0248-0
- Ding, Y., Wang, L., Song, J., & Zhou, S. (2017). Protective effects of ellagic acid against tetrachloride-induced cirrhosis in mice through the inhibition of reactive oxygen species formation and angiogenesis. *Experimental and Therapeutic Medicine*, 14(4), 3375–3380. https://doi.org/10.3892/etm.2017.4966
- Endig, J., Unrau, L., Sprezyna, P., Rading, S., Karsak, M., Goltz, D., Heukamp, L., Tiegs, G., & Diehl, L. (2019). Acute Liver Injury after CCl4 Administration Is Independent of Smad7 Expression in Myeloid Cells. *International Journal* of Molecular Sciences, 20(22), 5528. https://doi.org/10.3390/ijms20225528
- Fabregat, I., & Caballero-Díaz, D. (2018). Transforming Growth Factor-β-Induced Cell Plasticity in Liver Fibrosis and Hepatocarcinogenesis. *Frontiers in Oncology*, 8. https://doi.org/10.3389/fonc.2018.00357
- Feustel, S., Ayón-Pérez, F., Sandoval-Rodriguez, A., Rodríguez-Echevarría, R., Contreras-Salinas, H., Armendáriz-Borunda, J., & Sánchez-Orozco, L. V. (2017). Protective Effects of Moringa oleifera on HBV Genotypes C and H Transiently Transfected Huh7 Cells. *Journal of Immunology Research*, 2017, 1–9. https://doi.org/10.1155/2017/6063850
- Geh, D., Manas, D. M., & Reeves, H. L. (2021). Hepatocellular carcinoma in non-alcoholic fatty liver disease-a review of an emerging challenge facing clinicians. *Hepatobiliary Surgery and Nutrition*, 10(1), 59–75. https://doi.org/10.21037/hbsn.2019.08.08
- Ghafoory, S., Breitkopf-Heinlein, K., Li, Q., Scholl, C., Dooley, S., & Wölfl, S. (2013). Zonation of Nitrogen and Glucose Metabolism Gene Expression upon Acute Liver Damage in Mouse. *PLoS ONE*, 8(10), e78262. https://doi.org/10.1371/journal.pone.0078262
- Goodarzi, E., Ghorat, F., Mosavi Jarrahi, A., Adineh, H. A., Sohrabivafa, M., & Khazaei, Z. (2019). Global incidence and mortality of liver cancers and its relationship with the human development index (HDI): An ecology study in 2018. World Cancer Research Journal, 6(April 2019). https://doi.org/10.32113/wcrj_20194_1255
- Govardhan Singh, R. S., Negi, P. S., & Radha, C. (2013). Phenolic composition, antioxidant and antimicrobial activities of free and bound phenolic extracts of Moringa oleifera seed flour. *Journal of Functional Foods*, 5(4), 1883–1891. https://doi.org/10.1016/j.jff.2013.09.009
- Gu, L., Deng, W., Liu, Y., Jiang, C., Sun, L., Sun, X., Xu, Q., & Zhou, H. (2014). Ellagic acid protects Lipopolysaccharide/d-galactosamine-induced acute hepatic injury in mice. *International Immunopharmacology*, 22(2), 341–345. https://doi.org/10.1016/j.intimp.2014.07.005
- Guzman, G., Chennuri, R., Voros, A., Boumendjel, R., Locante, A., Patel, R., & Valyi-Nagy, T. (2011). Nucleometric Study of Anisonucleosis, Diabetes and Oxidative Damage in Liver Biopsies of Orthotopic Liver Transplant Recipients with Chronic Hepatitis C Virus Infection. *Pathology & Oncology Research*, 17(2), 191–199. https://doi.org/10.1007/s12253-010-9296-0
- Hafez, M. M., Al-Shabanah, O. A., Al-Harbi, N. O., Al-Harbi, M. M., Al-Rejaie, S. S., Alsurayea, S. M., & Sayed-Ahmed, M. M. (2014). Association between paraoxonases gene expression and oxidative stress in hepatotoxicity induced by CCl4. Oxidative Medicine and Cellular Longevity, 2014, 893212. https://doi.org/10.1155/2014/893212
- Hamza, A. A. (2010). Ameliorative effects of Moringa oleifera Lam seed extract on liver fibrosis in rats. Food and Chemical Toxicology: An International Journal Published for the British Industrial Biological Research Association, 48(1), 345–355. https://doi.org/10.1016/j.fct.2009.10.022
- Hidayatullah, A., Putra, W. E., Sustiprijatno, Permatasari, G. W., Salma, W. O., Widiastuti, D., Susanto, H., Muchtaromah, B., Tirto Sari, D. R., Ningsih, F. N., Heikal, M. F., Yusuf, A. M. R., & Arizona, A. S. (2021). In

Silico Targeting DENV2's Prefusion Envelope Protein by Several Natural Products' Bioactive Compounds. *Chiang Mai University Journal of Natural Sciences*, 20(3). https://doi.org/10.12982/CMUJNS.2021.059

- Jahan, I. A., Hossain, M. H., Ahmed, K. S., Sultana, Z., Biswas, P. K., & Nada, K. (2018). Antioxidant activity of Moringa oleifera seed extracts. *Oriental Pharmacy and Experimental Medicine*, 18(4), 299–307. https://doi.org/10.1007/s13596-018-0333-y
- Jaja-Chimedza, A., Graf, B. L., Simmler, C., Kim, Y., Kuhn, P., Pauli, G. F., & Raskin, I. (2017). Biochemical characterization and anti-inflammatory properties of an isothiocyanate-enriched moringa (Moringa oleifera) seed extract. *PLOS ONE*, *12*(8), e0182658. https://doi.org/10.1371/journal.pone.0182658
- Jung, I. L., Lee, J. H., & Kang, S. C. (2015). A potential oral anticancer drug candidate, Moringa oleifera leaf extract, induces the apoptosis of human hepatocellular carcinoma cells. *Oncology Letters*, 10(3), 1597–1604. https://doi.org/10.3892/ol.2015.3482
- Kayode, R. M. O., & Afolayan, A. J. (2015). Cytotoxicity and effect of extraction methods on the chemical composition of essential oils of Moringa oleifera seeds. *Journal of Zhejiang University-SCIENCE B*, 16(8), 680–689. https://doi.org/10.1631/jzus.B1400303
- Kooltheat, N., Sranujit, R. P., Chumark, P., Potup, P., Laytragoon-Lewin, N., & Usuwanthim, K. (2014). An ethyl acetate fraction of Moringa oleifera Lam. Inhibits human macrophage cytokine production induced by cigarette smoke. *Nutrients*, 6(2), 697–710. https://doi.org/10.3390/nu6020697
- Kou, X., Li, B., Olayanju, J., Drake, J., & Chen, N. (2018). Nutraceutical or Pharmacological Potential of Moringa oleifera Lam. *Nutrients*, 10(3), 343. https://doi.org/10.3390/nu10030343
- Li, R., Yang, W., Yin, Y., Ma, X., Zhang, P., & Tao, K. (2021). 4-OI Attenuates Carbon Tetrachloride-Induced Hepatic Injury via Regulating Oxidative Stress and the Inflammatory Response. *Frontiers in Pharmacology*, 12, 651444. https://doi.org/10.3389/fphar.2021.651444
- Lin, S.-Y., Dan, X., Du, X.-X., Ran, C.-L., Lu, X., Ren, S.-J., Tang, Z.-T., Yin, L.-Z., He, C.-L., Yuan, Z.-X., Fu, H.-L., Zhao, X.-L., & Shu, G. (2019). Protective Effects of Salidroside against Carbon Tetrachloride (CCl4)-Induced Liver Injury by Initiating Mitochondria to Resist Oxidative Stress in Mice. *International Journal of Molecular Sciences*, 20(13), 3187. https://doi.org/10.3390/ijms20133187
- Liu, Z., Mo, H., Liu, R., Niu, Y., Chen, T., Xu, Q., Tu, K., & Yang, N. (2021). Matrix stiffness modulates hepatic stellate cell activation into tumor-promoting myofibroblasts via E2F3-dependent signaling and regulates malignant progression. *Cell Death & Disease*, *12*(12), 1134. https://doi.org/10.1038/s41419-021-04418-9
- Marques, T. G., Chaib, E., Fonseca, J. H. da, Lourenço, A. C. R., Silva, F. D., Ribeiro Jr, M. A. F., Galvão, F. H. F., & D'Albuquerque, L. A. C. (2012). Review of experimental models for inducing hepatic cirrhosis by bile duct ligation and carbon tetrachloride injection. *Acta Cirurgica Brasileira*, 27(8), 589–594. https://doi.org/10.1590/S0102-86502012000800013
- Maulina, M. (2018). Zat-zat yang Mempengaruhi Histopatologi Hepar. UNIMAL Press.
- Muangnoi, C., Chingsuwanrote, P., Praengamthanachoti, P., Svasti, S., & Tuntipopipat, S. (2012). Moringa oleifera Pod Inhibits Inflammatory Mediator Production by Lipopolysaccharide-Stimulated RAW 264.7 Murine Macrophage Cell Lines. *Inflammation*, 35(2), 445–455. https://doi.org/10.1007/s10753-011-9334-4
- Ohtsuka, Y. (2018). Efficacy and safety of vigabatrin in Japanese patients with infantile spasms: Primary short-term study and extension study. *Epilepsy & Behavior*, 78, 134–141. https://doi.org/10.1016/j.yebeh.2017.09.010
- Sadek, K. M., Abouzed, T. K., Abouelkhair, R., & Nasr, S. (2017). The chemo-prophylactic efficacy of an ethanol Moringa oleifera leaf extract against hepatocellular carcinoma in rats. *Pharmaceutical Biology*, 55(1), 1458–1466. https://doi.org/10.1080/13880209.2017.1306713
- Shanmugam B, Shanmugam K, Ravi, S., Subbaiah, G., Ramakrishana, C., Mallikarjuna, K., & Reddy, K. 2017) Exploratory studies of (-)-Epicatechin, a bioactive compound of Phyllanthus niruri, on the antioxidant enzymes and oxidative stress markers in D-galactosamine-induced hepatitis in rats: A study with reference to clinical prospective. *Pharmacognosy Magazine*, 13(49), 56. https://doi.org/10.4103/0973-1296.203973
- Shin DS, Kim KW, Chung HY, Yoon S, Moon JO. 2013. Effect of sinapic acid against carbon tetrachloride-induced acute hepatic injury in rats. *Archives of Pharmacal Research*, *36*(5), 626–633. https://doi.org/10.1007/s12272-013-0050-5
- Singh AK, Kumar R, Pandey AK. 2018. Hepatocellular Carcinoma: Causes, Mechanism of Progression and Biomarkers. *Current Chemical Genomics and Translational Medicine*, 12(1), 9–26. https://doi.org/10.2174/2213988501812010009
- Stohs SJ, Hartman MJ. 2015. Review of the Safety and Efficacy of Moringa oleifera. *Phytotherapy Research*, 29(6), 796–804. https://doi.org/10.1002/ptr.5325
- Sulastri E, Zubair MS, Anas NI, Abidin S, Hardani R, Yulianti R, Aliyah AA. 2018. Total Phenolic, Total Flavonoid, Quercetin Content and Antioxidant Activity of Standardized Extract of Moringa oleifera Leaf from Regions with Different Elevation. *Pharmacognosy Journal*, 10(6s), s104–s108. https://doi.org/10.5530/pj.2018.6s.20
- Sung H, Ferlay J, Siegel RL, Laversanne M, Soerjomataram I, Jemal A, Bray F. 2021. Global Cancer Statistics 2020: GLOBOCAN Estimates of Incidence and Mortality Worldwide for 36 Cancers in 185 Countries. CA: A Cancer Journal for Clinicians, 71(3), 209–249. https://doi.org/10.3322/caac.21660

- Supriono S, Kalim H. Permatasari N, Susianti H. 2020a. Moringa oleifera Inhibits Liver Fibrosis Progression by Inhibition of α-Smooth Muscle Actin, Tissue Inhibitors of Metalloproteinases-1, and Collagen-1 in Rat Model Liver Fibrosis. *Open Access Macedonian Journal of Medical Sciences*, 8(A), 287–292. https://doi.org/10.3889/oamjms.2020.4254
- Supriono S, Kalim H, Permatasari N, Susianti H. 2020b. Moringa oleifera Inhibits Liver Fibrosis Progression by Inhibition of α-Smooth Muscle Actin, Tissue Inhibitors of Metalloproteinases-1, and Collagen-1 in Rat Model Liver Fibrosis. *Open Access Macedonian Journal of Medical Sciences*, 8(A), 287–292. https://doi.org/10.3889/oamjms.2020.4254
- Susanto H, Yunisa DT, Taufiq A, Putra WE, Jannah NR, Putri SA, Dewi IA, Febriyanti QDA, Mufidah IN. 2021. Anti fibrogenesis effect of green materials Moringa oleifera leaf powder (MOLP) on the progression of hepatocellular carcinoma. 030024. https://doi.org/10.1063/5.0052554
- Tiloke C, Phulukdaree A, Gengan RM, Chuturgoon AA. 2019. Moringa oleifera Aqueous Leaf Extract Induces Cell-Cycle Arrest and Apoptosis in Human Liver Hepatocellular Carcinoma Cells. *Nutrition and Cancer*, 71(7), 1165– 1174. https://doi.org/10.1080/01635581.2019.1597136
- Tsai WH, Yang CC, Li PC, Chen WC, Chien CT. 2013. Therapeutic potential of traditional chinese medicine on inflammatory diseases. *Journal of Traditional and Complementary Medicine*, 3(3), 142–151. https://doi.org/10.4103/2225-4110.114898
- Tumer TB, Rojas-Silva P, Poulev A, Raskin I, Waterman C. 2015. Direct and Indirect Antioxidant Activity of Polyphenoland Isothiocyanate-Enriched Fractions from *Moringa oleifera*. Journal of Agricultural and Food Chemistry, 63(5), 1505–1513. https://doi.org/10.1021/jf505014n
- Uysal A, Zengin G, Mollica A, Gunes E, Locatelli M, Yilmaz T, Aktumsek A. 2016. Chemical and biological insights on Cotoneaster integerrimus: A new (-)- epicatechin source for food and medicinal applications. *Phytomedicine*, 23(10), 979–988. https://doi.org/10.1016/j.phymed.2016.06.011
- Vergara-Jimenez M, Almatrafi M, Fernandez M. 2017. Bioactive Components in Moringa Oleifera Leaves Protect against Chronic Disease. *Antioxidants*, 6(4), 91. https://doi.org/10.3390/antiox6040091
- WHO. 2021. 360 Indonesia Fact Sheets (Indonesia) [Periodic Reports]. The Global Cancer Observatory. https://gco.iarc.fr/today/data/factsheets/populations/360-indonesia-fact-sheets.pdf
- Williams A, Sekaninova S, Coakley J. 1998. Suppression of elevated alanine aminotransferase activity in liver disease by vigabatrin. *Journal of Paediatrics and Child Health*, 34(4), 395–397. https://doi.org/10.1046/j.1440-1754.1998.00249.x
- Wu Y, Ding Z, Jin G, Xiong Y, Yu B, Sun Y, Wang W, Liang H, Zhang B, Chen X. 2018. Autocrine transforming growth factor-β/activin A-Smad signaling induces hepatic progenitor cells undergoing partial epithelial-mesenchymal transition states. *Biochimie*, 148, 87–98. https://doi.org/10.1016/j.biochi.2018.03.003
- Xu YB, Chen GL, Guo MQ. 2019. Antioxidant and Anti-Inflammatory Activities of the Crude Extracts of Moringa oleifera from Kenya and Their Correlations with Flavonoids. *Antioxidants*, 8(8), 296. https://doi.org/10.3390/antiox8080296
- Xue Q, Liu X, Russell P, Li J, Pan W, Fu J, Zhang A. 2022. Evaluation of the binding performance of flavonoids to estrogen receptor alpha by Autodock, Autodock Vina and Surflex-Dock. *Ecotoxicology and Environmental Safety*, 233, 113323. https://doi.org/10.1016/j.ecoenv.2022.113323
- Zareei S, Boojar MMA, Amanlou M. 2017. Inhibition of liver alanine aminotransferase and aspartate aminotransferase by hesperidin and its aglycone hesperetin: An in vitro and in silico study. *Life Sciences*, *178*, 49–55. https://doi.org/10.1016/j.lfs.2017.04.001
- Zhang G, Wang X, Chung TY, Ye W, Hodge L, Zhang L, Chng K, Xiao YF, Wang YJ. 2020. Carbon tetrachloride (CCl4) accelerated development of non-alcoholic fatty liver disease (NAFLD)/steatohepatitis (NASH) in MS-NASH mice fed western diet supplemented with fructose (WDF). *BMC Gastroenterology*, 20(1), 339. https://doi.org/10.1186/s12876-020-01467-w.