LEMBAR OBSERVASI

1. TEKANAN DARAH KELOMPOK INTERVENSI

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| NO.RESP. | TEK.DARAH | PERTEMUAN | RATA-RATA |
| I | II | III | IV |
| 1 | SISTOLIK |  |  |  |  |  |
|  | DIASTOLIK |  |  |  |  |  |
| 2 | SISTOLIK |  |  |  |  |  |
|  | DIASTOLIK |  |  |  |  |  |
| 3 | SISTOLIK |  |  |  |  |  |
|  | DIASTOLIK |  |  |  |  |  |
| 4 | SISTOLIK |  |  |  |  |  |
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| 5 | SISTOLIK |  |  |  |  |  |
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| 6 | SISTOLIK |  |  |  |  |  |
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| 8 | SISTOLIK |  |  |  |  |  |
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| 10 | SISTOLIK |  |  |  |  |  |
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| 12 | SISTOLIK |  |  |  |  |  |
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| 13 | SISTOLIK |  |  |  |  |  |
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| 14 | SISTOLIK |  |  |  |  |  |
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| 15 | SISTOLIK |  |  |  |  |  |
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1. TEKANAN DARAH KELOMPOK KONTROL

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| NO.RESP. | TEK.DARAH | PERTEMUAN | RATA-RATA |
| I | II | III | IV |
| 1 | SISTOLIK |  |  |  |  |  |
|  | DIASTOLIK |  |  |  |  |  |
| 2 | SISTOLIK |  |  |  |  |  |
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| 4 | SISTOLIK |  |  |  |  |  |
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| 5 | SISTOLIK |  |  |  |  |  |
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| 6 | SISTOLIK |  |  |  |  |  |
|  | DIASTOLIK |  |  |  |  |  |
| 7 | SISTOLIK |  |  |  |  |  |
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| 8 | SISTOLIK |  |  |  |  |  |
|  | DIASTOLIK |  |  |  |  |  |
| 9 | SISTOLIK |  |  |  |  |  |
|  | DIASTOLIK |  |  |  |  |  |
| 10 | SISTOLIK |  |  |  |  |  |
|  | DIASTOLIK |  |  |  |  |  |
| 11 | SISTOLIK |  |  |  |  |  |
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| 12 | SISTOLIK |  |  |  |  |  |
|  | DIASTOLIK |  |  |  |  |  |
| 13 | SISTOLIK |  |  |  |  |  |
|  | DIASTOLIK |  |  |  |  |  |
| 14 | SISTOLIK |  |  |  |  |  |
|  | DIASTOLIK |  |  |  |  |  |
| 15 | SISTOLIK |  |  |  |  |  |
|  | DIASTOLIK |  |  |  |  |  |